

INTERNATIONAL MODULE

»MODERN ASPECTS OF PREVENTION IN HEALTH«

The aim of the module is to introduce students to interdisciplinary approaches in the health sciences.



**Academic year 2025/2026;
2nd semester**



Postgraduate (and undergraduate students, who have completed all coursework) in fields like nursing, dietetics, kinesiology, physical education, physiotherapy, and other related disciplines.



COURSES (consisting of 30 ECTS)

- 24-hour movement behaviours and health
- Brain and nutrition
- Sports for relaxation
- Alternative manners of nutrition II
- Integrative methods of supportive treatment
- Health education and communication
- Project management
- The use of information and communication technology (ICT) in healthcare - selected contents
- Research project

No participation fee.

The students will also have additional courses available, which will be conducted in the form of consultations.



MORE INFO:

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